

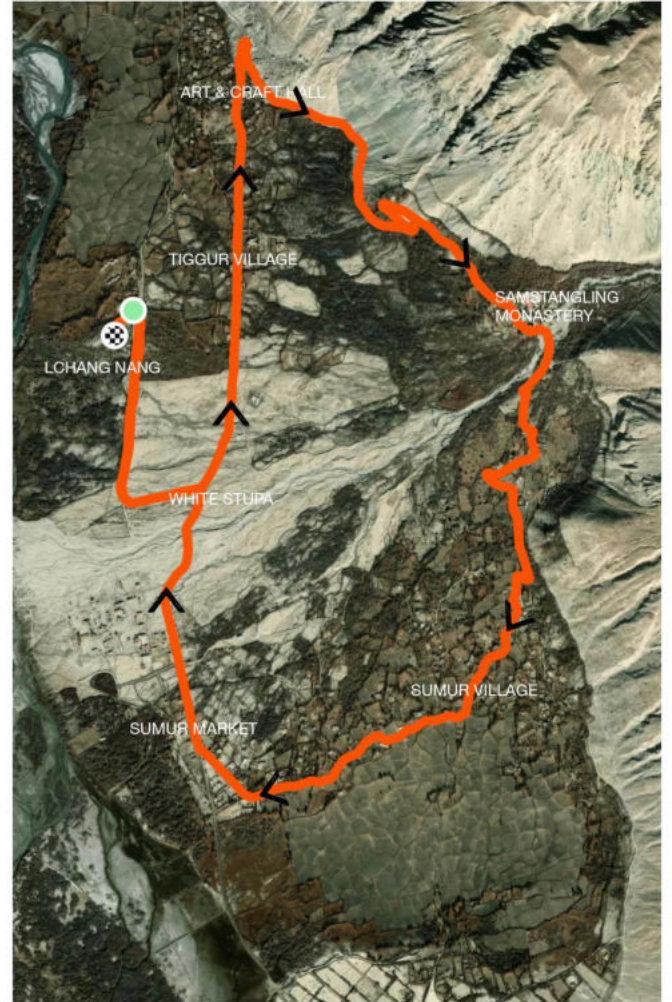


LCHANG NANG

# MOUNTAIN BIKING

(Cycling on the Old Silk Route)

## RIDE TO SAMSTANLING MONASTERY



### BRIEF

“Ride on a mountain bike instead of a poor camel on the old silk route”, an anonymous responsible rider.

**Direction:** Cross the 300 year old stone maney to hit the junction on the main road and turn left. Cross Maney Khang, take a sharp right after 300m and ride uphill. Keep riding for another 2 km uphill to reach Samstanling monastery. From there ride down to Sumur village, then to sumur market and ride back to Lchang Nang.

**Difficulty Level :** Challenging - 18 KM ( Two way )

**Facts:** You will be riding on the silk route dating back to the second century B.C. There is also Maney Khang (Buddhist temple) in the middle of the village surrounded by small shops and houses. You will also see some village life enroute . The views will be stunning esp. from Samstanling Gumpa. The ride down from the gumpa towards Sumur village is going to be easy, observe the slow living of the villagers and absorb the beauty surrounding the village .

RS 1500/PERSON (INCLUDES A BAG OF GOODIES TO KEEP YOU ENERGISED)